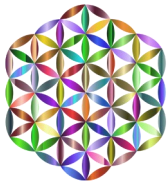


Ideal Worksheet



Ideal Qualities



My Chosen Ideal

Declaration Worksheet

Ideal-

I Choose to Experience _____

Mantra-

I Choose to Believe and Know _____

Action- (3-5 Supporting Actions)

I Trust and Appreciate knowing
it is Already Done!



Bridging Worksheet



Fear

How would I be Different if I knew it
was "Already Done"?

Desire



Belief

What do I need to believe to be True
to Know I Can?

Know



Theme/Story

How may I stretch and grow?

Opportunity

