

If I could change, enhance, or improve myself or my life I would choose...

Add 3-5 (or more) things below.





Wish List Pg.1 ~ SHAPE



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Add 3-5 (or more) things below.



		Date
		Wish
		Emotion Why?
		Quality Desired Experience?
		ChallengeFearWhat I'mWhat IUp Against?want?
		don'
		Special Notes

		Date Wish
		Wish
		Emotion Why?
		Quality  Desired Experience?
		ChallengeFearWhat I'mWhat IUp Against?want?
		Fear What I don't How will I want? know it is different?
	X	Special Notes

Wish List Pg.2 ~ SHAPE Wish List Pg.2 ~ SHAPE